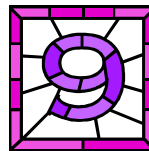




## What is a Network?



- A Network has around 9 people in it, who live near each other and are known as 'members'



- Members usually have their own homes or tenancies



- Each Network has a Community Living Worker, who lives in the same area as members



- Support is flexible, which means it's there when members need it, not when they don't



- Members often help each other and learn to do things for themselves





- Support can come from staff, members, or from someone else who can help better, like a money advisor or a health worker



- Members can be helped to do things and join in more outside their Network, in their local communities or beyond



- Enjoying life more is important to members – they often go out socialising, or visit each other



- Membership helps people become a lot more confident and better in doing things for themselves, and for others



## What does the Community Living Worker do?

- She (or he) works about 12-16 hours a week in the Network – members are able to contact her most days, including weekends



- She offers members advice and support, either on the phone, or by meeting up



- She encourages people to get on with each other and help each other out.



- She helps members to get some of the things they want in their lives, like learning about new things, work or getting a social life. She sometimes joins in, too, if members want her to



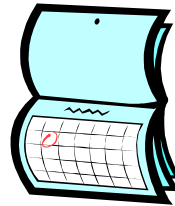


## What is a Network Manager?

- A Network Manager is there to support and manage the work of the Community Living Worker.



- He (or she) works full-time.



- He works closely with the Community Living Worker.



- He can provide extra help for you if you hit a crisis, or where specialist help might be needed.



- He can be there for you if you need to speak to someone and can't get through to your Community Living Worker.

