



Our members are connected to their communities, sharing their skills and talents and following their dreams -

“Together anything is possible“



Neighbourhood Networks

www.neighbourhoodnetworks.org

Who are we?

Neighbourhood Networks, a Scottish charity was set up in 2001 and supports people with Learning disabilities, physical disabilities, visual impairment, mental health issues and also young people in transitional groups. Our work is person centred with our values firmly rooted in enhancing diversity, creating social justice and ensuring that every person is able to lead the life of their choice in order to become all that they can and want to be.



Our aims and objectives are to work with local communities to support and empower even more people who could benefit from this flexible model of support.

We have 23 Networks across the Central belt of Scotland including North Lanarkshire, Glasgow, East Renfrewshire, West Dunbartonshire, Midlothian and East Lothian, we also have new networks coming soon in North Ayrshire. We are looking to work in partnership with people, agencies and local authorities from other areas in Scotland to develop and create new networks which respond to local community needs.

What is a Network?

A network has up to 10 people in it. The 10 people live near each other and they are known as network members.

Network members can be living in their own home, be looking to move into their own home one day or still live with family but would like to be more independent. Each network is supported by a Community Living Worker who lives in or around the same area.

The support from the Community Living Worker is flexible, this means it's there when members need it, not when they don't.

The proximity of the Community Living Worker means that they are able to intervene prior to a crisis and to identify the need for additional or specialist support quickly.



What are the benefits to being a member?

Members will receive practical flexible support to help each individual to establish a life in which they are safe and more independent. Members will have opportunities to experience a real sense of belonging and involvement. They will be far less isolated and lonely as they develop their confidence and self-esteem. They will learn new skills such as independent travel, cooking, life skills, budgeting and much more including volunteering and employment skills.



What does the Community Living Worker do?

The Community Living Workers are professionals who live in the same community as network members. Their role is to support members to become active citizens within their communities. The Community Living Worker works between 12 – 16 hours in a week. Support is agreed between the Community Living Worker and network members.

Flexible support

This can include individual group meetings or advice over the phone, depending on the individual's needs. The Community Living Worker will encourage network members to form and understand positive healthy relationships. They will also help members to identify and develop their gifts and skills in order to support each other where possible.

The Community Living Worker encourages members to rely on each other for support rather than on them. This helps people recognise that they can offer each other support as well as receive it.

Community Living Workers are supported by a Network Manager who can provide extra support in the event of any crisis and will ensure that members have access to GP's, Mental Health Workers or Social Workers etc.



Our Members enjoy

First Aid Training

Social Media Group

Volunteering/Jobs

Arts & Crafts
Classes

Safety Online
Classes

Bingo Nights

Cooking\life skills
classes

Independent
Travel

Members of the Board

Marketing Team

5 Ways Well
Group

Newsletter Group

Fundraising

Ceilidh

Gardening Club

Quiz Nights

Walking Groups

Christmas Party

Angels &
Aeroplanes




Neighbourhood Networks



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