

Neighbourhood Networks support people to live independently in their own communities.

Our members are often isolated or at risk of isolation because they have a learning or physical disability, or poor mental health.

> **Provide early** warning of crisis

Prevent isolation. **loneliness** and the associated impact this has on health and wellbeing

Benefits of the network

A cost effective model of low level preventative support

Members are spending more time with friends and less time with paid support

Members feel supported and valued and are encouraged to share their skills

HAR **Neighbourhood Networks in Scotland Ltd** 25 Dava Street, Govan, Glasgow, G51 2JA

Company No: SC193638 Charity No: SCO28984



Independent travel

Money management

Community Participation

A network is made up of 10 members who live within a short distance of one another, supported by a local worker.

Support time is negotiated between members and the worker.

> **Every Member is supported** to develop their own personal Support Plan.

Employment

Natural friendships relationships

/volunteering



