



## Neighbourhood Networks

**Neighbourhood Networks support people to live independently in their own communities.**

**Our members are often isolated or at risk of isolation because they have a learning or physical disability, or poor mental health.**

**Provide early warning of crisis**

**Prevent isolation, loneliness and the associated impact this has on health and wellbeing**

**A cost effective model of low level preventative support**

**Benefits of the network**

**Members are spending more time with friends and less time with paid support**

**Members feel supported and valued and are encouraged to share their skills**

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